

NEW MEN'S CAMPUS



KARYN HASCAL PRESIDENT

What an exciting year for The Healing Place! At the end of 2018, we saw our dream become reality with the opening of our new men's campus on West Market

With more than 105,000 square feet, the space has the capacity for 426 men plus classrooms, offices, and an on-site drug testing facility.

The expansion allowed us to double the number of detox beds and add

nearly 200 beds for intensive recovery and transitional living.

The demand for our services was the driving force behind the expansion. We are happy to say that for the first time in five years, we can meet the demand for men's services. We are hoping to not turn any man or woman away due to overcrowding or lack of capacity.

We had the most amazing partners on this project – K. Norman Berry Architects, Bosse Construction and the many subcontractors, Community Trust Bank, Central Bank, Hope of Kentucky, Housing Partnership, Inc., and the Kentucky Housing Corporation.

At a cost of \$29 million, this was a very ambitious

project! We are so grateful for the support of our Board of Directors, our staff, the community, and our many supporters and donors for making this all reality.

We are going into the 30th year of operation of The Healing Place with a renewed commitment and passion for individuals who still suffer from substance use disorders.



The men's campus includes a computer lab so clients can take GED classes, work on their resumes, and search for jobs. Thank you to **Second Presbyterian Church** for making this possible.









A big thanks to our friends at **Mercer Transportation** and **Winterwood** for collecting blankets, sheets, and pillows for all the beds in the new building!





NEW PROGRAMS



HEATHER GIBSON
VICE PRESIDENT
OF PROGRAM SERVICES

This last year has been a blur. The Healing Place not only built a new men's campus and doubled our capacity, but we also developed new programs to reach more individuals who are struggling with addiction.

I am extremely proud of our new Veterans Program. We have 60 beds dedicated to homeless veterans and veterans who are struggling with substance abuse issues. When we began this program, I had no idea that the need for these services was so great in our community.

We have been serving veterans in our detox and our traditional recovery

program for years, but I didn't think we would fill up our 60 beds so quickly.

We provide assessment, group therapy, individual therapy, peer support, and case management to all our veterans. They stay with us for a minimum of 90 days but can stay for up to two years if necessary. It is an honor to know that we are doing our part to support those who have served our country.



Clients in our Veterans Program salute as the American Flag is raised on the new men's campus for the first time.

Another program that I'm excited about is our expanded Vivitrol services. We received a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA) to provide long-term residential recovery services

along with Vivitrol, which is a 28-day injectable medication that blocks the effects of opioids and reduces cravings.

Vivitrol allows those struggling with opioid addiction to focus enough to engage in the recovery process. It has no side effects, is non-addictive, and has no street value. The Healing Place is the only long-term residential program in our area and this grant has allowed us to provide our services to more people struggling with addiction.

I'm tired and out of breath but we can't slow down now. The problem out there is real; it's not getting better. There are still a lot of people who aren't able to access services and there are a tremendous number of gaps in the recovery field.

I'm proud of the new programs we have put in place and we are helping more people than ever, but there is still so much work to be done.

For information on admission into our Veterans Program, please call 502-585-4848 ext. 404 or email mike.west@thehealingplace.org



JAY DAVIDSON *EXECUTIVE CHAIRMAN*

For 30 years, The Healing Place has been serving veterans but only in a very limited way. As a veteran myself, these

men and women who have served their country doing whatever was asked to do have had a special place in my heart.

I knew that currently veterans were committing suicide at a rate of more

than 22 every day. I have always believed that The Healing Place social model of recovery was ideally suited for the alcoholic and addict.

From my own personal experience in combat and my journey through

recovery from alcoholism, I am convinced that this same model structure would provide a solution for those Veterans struggling with addiction and PTSD resulting from their life experiences.

A VA grant announcement in early 2018 sought agencies willing to provide services for veterans. The Healing Place had to decide – could we provide the needed services for homeless and addicted veterans? After meeting with VA representatives, a partnership was formed that created the opportunity for a new program for veterans at The Healing Place.

I was never so proud of the staff as they came together with VA Staff to build a workable solution to the complex needs of the homeless and addicted veteran. Because of the therapeutic relationship between the VA and The

Healing Place, veterans now have the benefit of experiencing a wholistic solution for homelessness and addiction by participating in the social model program of recovery.

It's a dream come true.

THE ADDICTION EPIDEMIC



The expansion of our men's campus was a direct response to not being able to meet the needs of our community.

From 2014-2018, as the heroin and opioid epidemic reached its peak, we were turning away 200 to 300 men every month from our detox unit because there just weren't enough beds. In January 2017, that number hit 497.

These were men who were struggling with addiction and reaching out for help. They slept in the alley behind our detox waiting for a bed... or returned to the

madness. Some of them made it back. Others did not.

The new building meant we were able to add a second detox and more than double the number of detox beds available. Since the new acute detox opened in mid-March, we have only had to turn a handful of men away due to a lack of space.

Our detox and long-term recovery services are offered at no cost to the client. That's one of the reasons there is such a high demand.

In 2018, 4,311 individuals received help in one of our detox units. With 2,730 men and women served in the first six months of 2019, we're on track to far surpass last year's numbers.

Guess what? It's not just heroin. Meth is on the rise, heroin is on the decline, while alcohol remains a constant.

The drugs change, but the disease of addiction does not. That is why our program focuses on the individual and their behavior, not a particular drug. It's a formula that has worked for 30 years.

4,311

CLIENTS SERVED IN DETOX IN 2018

We served more than 2,700 clients in detox in the first six months of 2019.

The number of detox clients is expected to increase by 29% in 2019.

26.3%

METH USE ON THE RISE

26.3% of clients who received help in our detox units in 2018 identified meth as their drug of addiction.

That number is expected to jump by 45% in 2019.

33.2%

HEROIN/OPIATE USE ON THE DECLINE

33.2% of detox clients identify heroin/opiates as their primary drug of addiction.

That number is expected to drop by 3% in 2019.

26.8%

ALCOHOL ABUSE REMAINS A CONSTANT

26.8% of detox clients at our men's campus reported alcohol as their primary drug of addiction in 2018, ranking behind heroin.

In 2019 so far, alcohol ranks second behind meth.

DRUG TESTING PROGRAM



For the past two years, our clients have been drug tested starting in detox. The opening of our new men's campus has allowed us to begin conducting drug testing in our lab on-site.

Most clients are randomly tested every two weeks. Having our lab on-site allows us to get results within hours instead of days. When a client's test comes back positive, those results are verified through a third-party lab. In the two years we have been drug testing clients, a very small percentage have been positive.

By drug testing our clients, we are able to maintaintain a safe environment for the nearly 1,000 people in our care.

Many of our clients are polysubtance users, meaning they are addicted to more than one drug. When they come into detox, they self-report the substances they are using. Drug tests help confirm this information and ensure that they're detoxing in the safest way possible and are receiving the proper course of recovery services.

CLIENT PROFILE



ROBBIE

Before I came to The Healing Place, my life was full of chaos. I was roaming around without a sense of purpose. I had no direction. I kept trying to find validation in the wrong places with the wrong people.

Without change, I was going to die. I had so little self worth before I made it to 10th and Market.

The Healing Place has shown me that I do have a sense of purpose – helping people. That's why I chose to become a peer mentor after completing the program.

The bonds I have formed here at The Healing Place are like no other. When I was still using, my relationships were all about what we can get from each other. Now the relationships are about what do we need from each other and how do we help.

I like myself now whereas I didn't before. It all goes back to purpose.

I see now that I can help people while helping myself at the same time. Helping other people to stay sober helps me stay sober.

PROGRAM PROFILE

CONTINUING CARE

The Healing Place recovery program is made up of four parts: Detox, the Motivational Track, the Recovery Stage, and Continuing Care.

Clients begin working with our Continuing Care staff about one month before they are scheduled to complete. The focus of Continuing Care is to prepare clients for life outside of The Healing Place.

Staff work with clients on finding a primary care physician, obtaining health insurance, finding a job, and finding a place to live once they leave our program. They also work with clients who have not completed their high school education and want to obtain their GED.

Clients have the option of living on property for a brief time after they finish the program. Continuing Care staff also focus on helping clients build a support group outside of The Healing Place.

Community is the core of our program and that process continues during the Continuing Care phase. Every week, clients in this part of the program come together for Silver Chip Community to share their specific plans for moving out of The Healing Place, give one another feedback based on their experiences, and share job and housing opportunities.

The Healing Place is about restoring meaningful and productive lives. The Continuing Care portion of our program helps set clients up for success in sobriety once they leave the safety net The Healing Place provides.



STAFF PROFILE



TAHIESHA HOWARD

CONTINUING CARE COORDINATOR

When I first came on staff at The Healing Place, I worked as a monitor in detox at the women's campus – the same place where my life changed.

Being in recovery, it's easy to forget about compassion; to disconnect

from understanding where a person's mindset is when they first walk through the doors of detox. I'm talking about that feeling of hopelessness, especially if you have been sober for a while.

Working with clients who are in their first few days of recovery is amazing, but there is also a lot to be done for clients when they are getting ready to leave the safety net that The Healing Place provides.

As Continuing Care Coordinator for the women's campus, I have grown so much. I have learned how to build relationships in the community so that I have more resources to offer clients who are about to finish our program. My primary job is about empowering our clients to know, feel, and believe that they can do whatever they put their mind to – regardless of the past. The past does not dictate the future.

Everything doesn't always go to plan – and that's okay. It's part of life. I tell the clients that you can't be afraid to fail. Failure is part of learning.

As I grow in my role at The Healing Place, I am growing personally as well. I'm going back to college to major in social work. I don't know where it's going to take me, but there's always a whisper in the back of my mind telling me to go further.

I made it out of the hell of active addiction and if I can do that, I can do anything.

JEWELS OF GRACE

Jewels of Grace are the 2018 Volunteers of the Year. The group from **Christ Church United Methodist**, affectionately known as the Acorn Ladies, make acorn necklaces for our clients, reminding them that they are strong. They also regularly supply blankets and AA Big Books for our detox units.

Jewels of Grace is also the driving force behind our GED Program. They created a computer lab at the women's campus and their generous support gives our clients the ability to study for the GED and take the test at no cost. Last year, five women obtained their GED.



ALUMNI OF THE YEAR



JJ PATTY

Since I've been in recovery, I have found a purpose in life. Before recovery, I was existing and surviving. My life had no meaning.

Today I wake up every day thinking about how I make myself useful to others, which helps me maintain my sobriety date.

I now know what it means to have real friends that would help you through the dark days and make the better days better. I too strive to be the best friend I can be.

I truly believe my higher power brought me to The Healing Place. I should have died of an overdose or in some other devastating way. I was lucky enough to have that moment of clarity and was able to realize the path of destruction I left behind.

My mom was the strongest person I have ever known and she finally gathered up enough courage to drop me off at The Healing Place. Little did we know that time what miracles were to come.

While I was The Healing Place I learned how to deal with life sober. I learned responsibility and humility and realized I no longer had the answers for everything. I learned how to lean on my brothers when I needed to and I learned to do my best to help others.

If it wasn't for The Healing Place I would either be dead or in prison right now. I have so much gratitude for the place that saved my life and changed it for the better.



JEFF KINSER

Since I've been in recovery, I no longer obsess over alcohol or drugs and that's key. God has directed me to a new way of living. This new life has blessed me with marrying my best friend, restoring my relationship with my children, and the dream of one day owning my own business coming true. So far, this ride has been way more than I ever imagined.

When I came to The Healing Place, I was at a very low point in my life. I was killing myself and was in severe need of a change. I was first introduced to The Healing Place of Campbellsville around 2013 but I wasn't ready... but the seed had been planted.

I had burned every bridge and the ones closest to me had had enough. I'd had enough. So on January 7, 2015
I walked back through the doors of The Healing Place in Campbellsville with a willingness to do something different and I haven't looked back.

I can't begin to even explain how grateful I am for The Healing Place. It taught me how to be responsible and successful. Before The Healing Place, I couldn't hold a job, I'd never had a bank account, I never paid bills, and I was not a good father. The Healing Place gave me the tools and resources to learn how to do all of that

The Healing Place not only addressed my problem with drugs and alcohol, it addressed the issues that were going on underneath. The life I live today shows no resemblance to the one I lived before January 7, 2015.

I'm truly grateful and thankful for everything they've done for me and I can't wait to see what's in store down the road.

Clients and alumni on each of our three campuses nomininate those they believe are deserving of Alumni of the Year honors. Clients and alumni then cast their votes to determine the Alumni of the Year.

PROGRAM PROFILE

THE BRADY CENTER

The Brady Center is unlike any program at The Healing Place. There are 120 men living at the corner of 10th and Market who are not part of our recovery program; they are transitioning out of prison and completing their terms of probation or parole.



Like clients in the long-term recovery program, men living in the Brady Center have jobs to complete. They receive work credit for work they do inside our facility. They are also required to remain drug-free. Brady Center clients are routinely drug tested and any problems that arise are addressed immediately.

The Brady Center also offers two programs that allow clients to receive a 90-day credit on their sentence upon completion. This gives their time at the Brady Center a sense of worth while also saving taxpayers money.



Portal's New Directions is a curriculum developed by the Department of Probation and Parole. This 40-hour course teaches clients life and social skills like how to find a job, budgeting, family relationships, and navigating the healthcare system.



MRT, or More Recognition Therapy, is a 12 step-based course offered by the Department of Corrections that teaches clients about behavior, perceptions, and responding to life situations.

LIFESTYLE PROGRAM AT CHURCHILL DOWNS



LINDA DOANE *LIFESTYLE PROGRAM DIRECTOR*

It takes a complete village to put on the greatest two minutes in sports, the Kentucky Derby, as well as the countless other thrilling races at the track

Like other communities, the racing community consists of hundreds of people from all walks of life who have



all the issues and problems that come with being a human being.

Substance abuse issues, mental health issues, gambling addiction, depression, and marriage and family issues are just some of the normal problems that any community of people have.

The racing community is no different with two exceptions – the work environment and the lifestyle. People who work on the race track work seven days a week. They might move three to five times in just one year with little opportunity to get familiar with community agencies that offer services

There is an expression that alcoholism is a slippery disease... well racing can be considered is a slippery lifestyle. In and out of cities, very long work days, a disconnect from families and friends, and a limited time to get away from it all. It is the perfect breeding ground for problems to grow.

Located in the recreation building on the backside of the track is

the office of The Healing Place Lifestyle Program at Churchill Downs.

The Healing
Place Lifestyle
Program at
Churchill
Downs is
a program
that provides
services for

backside employees and their families.

We recognize that substance abuse contributes to many workplace problems. We work closely with race track security, Churchill Downs management, the Kentucky Racing Commission, and racing stewards to

get help to those in need.

It makes sense to reach out to help backside employees, to strengthens



the working backbone of our racing industry. To maintain and support a strong and vital work force and healthy work environment adds to the integrity of our sport.

The phrase that alcoholism and addiction are equal opportunity diseases is so true! It's not just in horse racing but in all walks of life and all industries.

For us in racing we are lucky that Churchill Downs has partnered and bridged the gap to get help with experts in the community – The Healing Place.

COMMUNITY PARTNERS

We were honored to receive the **Greater Louisville Medical Society Foundation**'s Community Partner Award at its 60th Anniversary gala.

Without GLMS and the Foundation, The Healing Place would not have the ability to serve thousands of men and women in

our community who are struggling with drug and alcohol addiction every year.



The Healing Place would not even exist without the hard work of physicians like Dr. Will Ward, Dr. C. Kenneth Peters, Dr. Lafayette Owen, and ten others.

In 1989, the JCMS Outreach Program was formed as an overnight shelter that served 80 homeless men a day. Under the leadership of Dr. Ward, it grew into a peer-driven program that targets the behaviors that can lead to chronic homelessness – drug and alcohol addiction.

Those 80 men are now nearly 1,000 individuals who are in a bed every night at one of three campuses.

A garden at our women's campus is thriving thanks to help from the University of Kentucky Jefferson County Cooperative Extension Office.



Every week, our clients work with horticulture agents to plant, maintain, and harvest vegetables and herbs that are used in the kitchens on our campuses.



A grant from the United States Department of Agriculture has allowed us to build a high tunnel over the garden so that we can produce high quality produce year-round, no matter what is in season.

The garden also helps our clients grow, building their confidence while teaching them responsibility and accountability.

CELEBRATE FREEDOM DINNER

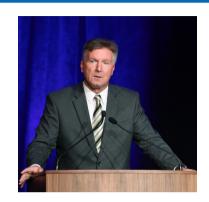
It was a beautiful night at the Omni Louisville celebrating sobriety at the annual Celebrate Freedom Dinner.

With 600 people in attendance, this year's event raised more than \$211,000.



The Collage of Voices provided an emotional moment to the evening. Peer mentors, alumni, children, and a mother shared powerful testimony about how The Healing Place, and recovery, have changed their families. WAVE3 News anchor John Boel capped off the evening by sharing his personal story of addiction and recovery while in the public eye.

The Celebrate Freedom Dinner is always a wonderful event. Thank you to **Eclipse Bank** for being the title sponsor.



Save the Date! The 2020 Celebrate Freedom Dinner is Saturday, February 22nd at the Omni Louisville.

HONORING DR. GEORGE QUILL



Louisville orthopedic surgeon Dr. George Quill was recognized at the Celebrate Freedom Dinner with the Celebrate Freedom Award.

This award is given to individuals or organizations who take the mission of The Healing Place to heart.

For the past 13 years, Dr. Quill and his staff have come to our campus every year at Thanksgiving to provide much-needed shoes and socks to our most vulnerable clients staying with us.

We are so grateful to Dr. Quill and all that he does!



COMMUNITY EVENTS

HOPE CLASSIC GOLF

The 2018 Hope Classic Golf Scramble was the biggest one yet with a move to Harmony Landing Country Club and the addition of a morning flight for women.



38 teams hit the course across two flights, raising more than \$47,000 for The Healing Place. A huge thanks to **Buffalo Construction** for being the presenting sponsor.

The 2019 Hope Classic is set for Thursday, September 12th at Harmony Landing. Buffalo

Construction returns as presenting sponsor. For information or to register, please visit

www.thehealingplace.org/golf.

HEALTHCARE CLASSIC 5K



More than 200 runners and walkers hit the trail at The Parklands - Beckley Creek Park in April for the 30th annual Healthcare Classic 5K.

The theme for this year's race was Rock Your Socks. Not only did participants wear fun, colorful, and creative socks - they also brought socks to be donated to our clients. Socks are our biggest need!



This year's race raised more than \$12,000. Thank you to the **University of Louisville medical students** who organize the race every year!

Watch our Facebook page for information about the 2020 race!

FLOAT FOR RECOVERY

Float for Recovery is always an amazing time... even with the threat of rain!



A huge thanks to **FRP-LaGrange Quarry** for hosting us again this year. Despite a rainy start, Float for Recovery was a great day of sober fun featuring entertainment by KC Makes Music, Jordan Meyer, and DJ Scarecro.

This year's event raised more than \$18,000, bringing the total amount raised to more than \$71,000 over four years!

We can't wait for Float for Recovery 5, coming summer 2020.

PHILANTHROPHY IS IN FASHION

With The Healing Place as her charity of choice, **Carrie King** of **Homepage Realty** was named Louisville's Most Fashionable Philanthropist by the Younger Women's Club. Carrie regularly drops off donations of clothing and other needed items that she collects at her office.





EVERY GIFT MAK



Roman and his Herd of elves at **Buffalo Construction** made Christmas a little brighter with a donation of \$25,000 to provide 1,000 days of recovery for our clients. This generous gift was made with the help of Buffalo's team, families, vendors, and clients. We could not be more grateful!





OUR CLIENTS ARE GETTING HEALTHY

With the help of volunteer doctors, pharmacists, and 2nd year medical students, our clients are treated for allergies, illnesses, and chronic health issues in our free medical clinic. We also offer a women's health clinic, vaccinations, and smoking cessation classes.

ES A DIFFERENCE

BOARD PROFILE



ROB FREDERICK

I am fully bought into The Healing Place's mission of finding hope and restoring lives. The Healing Place simply works. For me, it is also a place where people are free to be their real and true selves. I find that the environment the clients are in and the principles they are striving to live by carry over to the staff and Board.

Every meeting we have opens with an alumni sharing their experience, strength, and hope. These intimate testimonies take vulnerability and courage and are a critical reminder of the reality and the reason why we get together to do the work. These stories have made the biggest impact on me.

It is incumbent to understand and address the complex problem of addiction. Deep partnerships like the one Brown-Forman has with The Healing Place are the best way for us to be part of the solution. Addiction does not discriminate. It affects our employees, our families, and our community.



ALLYSON STURGEON
BOARD CHAIR-ELECT

With the constant news about addiction, crime, and homelessness, people often feel helpless about what they can possibly do that can make a difference.

Serving on the Board of The Healing Place for the past several years has given me the opportunity to make a real impact in our community by helping to increase the services that we provide and the number of people we can reach.

I look forward to taking a leadership role next year to continue the evolution of this incredible organization.

BOARD OF DIRECTORS

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2018 FINANCIAL REPORT

Every year, The Healing Place Inc. undergoes an independent financial audit by an outside firm. The 2018 audit was conducted by Strothman & Company PSC and produced an unqualified "clean" opinion with modification. During the year, the Organization adopted ASU No. 2017-02. As a result, the 2017 and 2018 financial statements have been consolidated to include subsidiaries in which The Healing Place is a General Partner and has a controlling interest.

2018 Consolidated Balance Sheet Summary

The health of our organization can be seen in our very strong debt to equity ratio.

Total Assets	\$54,537,789
Total Liabilities	\$20,515,606

Net Assets \$34,022,183

2018 Operating Expenses

Programs	\$8	,338,29
General & Administrative	\$1	,179,97
Development & Fundraising	\$	565,90

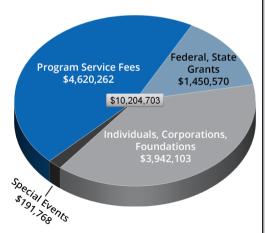
Total Expenses \$10,084,171



2018 Sources of Revenue

Here at The Healing Place, we rely on a variety of revenue sources including donations, contracts for services provided, government grants, and special events.

In 2018, our major operating revenue of **\$10,204,703** was received as follows.





The Annual Report is published by The Healing Place Development Office.

For questions or comments: The Healing Place Development Office 1020 W. Market Louisville, KY 40202 info@thehealingplace.org

We are truly grateful to everyone who generously donated their time, talent, and treasure to The Healing Place in 2018.

We value all of our donors and we know that you value your privacy. Because of this, we have chosen not to publish names in this year's annual report.







